

Case Report

A Case of Secondary Syphilis: Great imitator

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Abstract

Syphilis is an infectious disease caused by spirochete *Treponema pallidum*. Due to florid cutaneous & systemic manifestations it was called 'great imitator' often caused confusion with other diseases. We report a case of secondary syphilis presented with non-pruritic, erythematous macules, papules, plaques in a young male; showing high titre of both treponemal & non treponemal test. Single dose of deep intramuscular Benzathine penicillin 12 lac in each buttock was given and patient became symptom free after two weeks. This case highlights common cutaneous manifestations of secondary syphilis which may simulate many diseases and may cause difficulty in diagnosis and treatment. If syphilis remain untreated it causes complications of tertiary or neurosyphilis and social stigmata.

Keywords: Syphilis, Secondary syphilis, *Treponema pallidum*, Benzathin penicillin.

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Introduction

Syphilis is a chronic systemic infection transmitted through skin and mucosa, with manifestations in nearly every organ system.⁴ The most common and recognizable manifestations are usually cutaneous.² The primary stage classically presents with a typically painless, self-healing ulcer. The lesion develops at the site of inoculation. In untreated individuals, treponemes proliferate in the chancre and are carried via lymphatics to the bloodstream, from which they disseminate throughout the body. The time at which the secondary lesions make their appearance basically depends on two factors: the virulence of the treponeme and the systemic response of the host.⁷ Lesions of secondary syphilis are classically called "syphilids" or, when affecting the skin, "syphiloderms."²

Here we report a case of non pruritic generalized maculo papular, plaques in a young male.

Case report

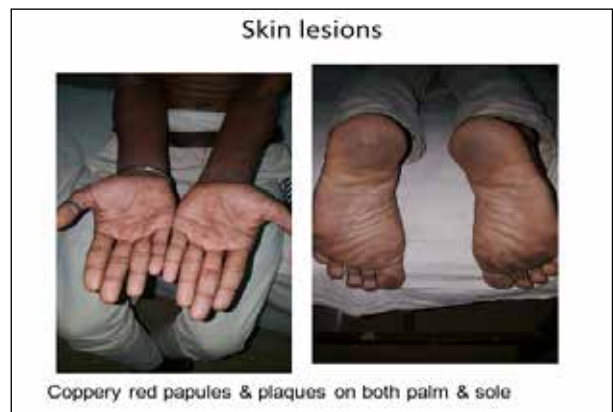
Md. Saidul a 20 years old Muslim unmarried welding mechanics, from Mirpur, Dhaka came to our hospital on

11th December 2016 with the complaints of multiple red, scaly, elevated lesions on both palms & soles, front and back of trunk, upper and lower extremities, face, scalp, and genitalias for 2½ months. Two and half months back, he noticed few red, elevated lesions over both palm, then lesions slightly enlarged and became dusky red and scaly. After few days, crops of same type of lesions appeared over both palms and soles, upper and lower extremities, front and back of the trunk, genitalias, face and scalp. Lesions were not associated with itching or burning sensation. Some lesions were discrete, some were confluent. Some were shiny, some lesions became dry and scaly. Then he went to local doctor and took some medicine. But there was no improvement. Within 7days, almost all parts of the body were involved by same types of lesions. Patient gave history of a penile ulcer 4months back which was not painful. He took some medicine but ulcer was persisting for around 1½ months, then healed spontaneously. He gave no history of fever, weight loss, anorexia, joint pain during the attack. His bowel and bladder habit were normal. He was normotensive, non-diabetic, non-asthmatic. He gave history of unprotected sexual exposure for several times with sex workers 5 months back. On general examination

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patient was normal looking with average body built, pulse 80 b/min, BP-110/70 mm Hg, temperature was normal. On examination of integumentary system, bilaterally involved multiple shiny papules and plaques of various sizes and shapes, some lesions were erythematous, some were coppery red colored, some were violaceous, some were discrete, some were confluent, some were covered by adherent scales; present over front and back of the trunk, flexor & extensor aspects of upper and lower extremities, both palms and soles, face, scalp and genitalias. Surface of the plaques were rough and covered by scales. Ollendorf's sign was present., Auspitz sign and Wickham striae were absent. There were multiple different sizes and irregular shapes patches and plaques with ill-defined border present over palatal mucosa which is non-tender. Some were covered by whitish membrane. There were some condylomata lata present over perianal region. Lesions are non-tender., Both sided posterior chain of cervical lymphnodes, supra clavicular, axillary and inguinal lymphnodes were palpable, non-tender, discrete, mobile, rubbery firm in consistency. Cervical and axillary lymphnodes were measuring approximately 1cm×5cm, and inguinal lymphnodes were measuring approximately 2cm×5cm. All other systemic examinations revealed normal findings. Our provisional diagnosis was Secondary Syphilis. We advised the patient all routine investigations, Serological tests for syphilis and skin biopsy for histopathology to exclude differential dignosis. But patient refused to do skin biopsy. In routine investigations CBC: WBC- 9720/ cmm, Platelet- 378000/cmm, Hb- 14 g /dl, ESR- 34 mm/1st hour. Differential count-Neutrophils-71.9%, Lymphocytes-18.2%, Monocytes-5.5%. Random blood sugar, Serum creatinine, Serum SGPT, Chest X-RAY P/A view, ECG, USG of whole abdomen were normal. In Serological test, VDRL Qualitative : Reactive (strongly),VDRL Quantitative : 1:128, TPHA : Positive (1:1280), HIV1&2 screening : Negative. We confirmed our diagnosis as a case of Secondary syphilis (i.e, Syphiloderma). The patient was treated with single dose of inj. Benzathine penicillin G 24 lacs unit (12 lac unit deep I/M in each buttock) after skin sensitivity test. Follow up was done after 1 week, oral and genital lesions were healed and there was only some post inflammatory hyperpigmentation on face, trunk and extremities. After 2 weeks patient came without any complaints and patient was advised for follow up after 3 months with VDRL titre.



Discussion

In the past decade, syphilis has re-emerged as a significant global health problem. Its reputation as “the great imitator” can cause clinical recognition to be difficult. Clinicians need to be aware of the various presentations of syphilis, including cutaneous manifestations.⁸

Syphilis is an infection caused by *Treponema pallidum* subspecies *pallidum*. Many of its manifestations are cutaneous, making it of interest and importance to dermatologists.²

Whether syphilis arose in the New World, the Old World, or both remains a controversial subject. Pandemics of syphilis began in the Old World in Naples, Italy, 1 year after Columbus returned from the New World. The disease takes its name from a poem, called *Syphilis, Sive Morbus Gallicus* (Syphilis, or the French Disease), written in 1530 by Giralomo Fracastoro, a physician and poet of Verona. Part of the poem recounts the story of a shepherd, named Syphilus, who, as punishment for angering Apollo, was afflicted with the disease known as syphilis.²

The World Health Organization (WHO) estimates in 2008 there were about 36.4 million adults between the ages of 15 and 49 years who were living with syphilis. The highest rates of infection were reported from the WHO African region with an incidence of 8.5 and 9.4 cases per 1000 and a prevalence of 3.5% and 3.9% for females and males, respectively. Slightly lower prevalence was reported from Latin America and South-East Asia (1.3–1.5 %) and the eastern Mediterranean region (1.2%).¹

Syphilis occurs in sexually active individuals of all ages and is commoner in young adults.¹

Although there is marked preponderance of cases in males, this sex difference relates to patterns of sexual behaviour and other social factors rather than to any sex difference in risk of acquisition. It is generally considered that male to female transmission is more efficient.¹

Transmission is usually sexual contact with infectious lesion (chancre, mucous patch, condyloma latum, cutaneous lesions of secondary syphilis). Non sexual transmission occur by blood and transplacentally.

The incubation period of syphilis is generally given as 9–90 days, and varies inversely with the size of the spirochaete inoculum. Typically, most genital primary sores appear 3 weeks after exposure.¹

The clinical presentation of syphilis is extremely diverse and may occur decades after the initial infection. Syphilis, if untreated, may pass through four stages: primary, secondary, latent and late. The first two stages are contagious.¹

Syphilis passes through four distinct clinical phases:

1. Primary stage, characterized by a chancre.
2. Secondary stage, characterized typically by skin eruption(s) with or without lymphadenopathy and organ disease.
3. A latent period of varied duration, characterized by the absence of signs or symptoms of disease, with only reactive serologic tests as evidence of infection.
4. Tertiary stage, with cutaneous, neurologic, or cardiovascular manifestations.²

In primary syphilis, genital or extragenital lesion may be noted. A primary lesion (Chancre) begin as a macule, then progress to a papule which soon becomes eroded. The typical primary lesion is single, painless, indurated, well-defined, circular or oval and exudes clear serum.⁶ Unless secondarily infected, primary sores are not painful.⁶ In 60%–70% of cases of primary syphilis, painless regional lymphadenopathy arises 7–10 days after the chancre appears, especially when the chancre’s location is genital. Unilateral lymphadenopathy is more common earlier in the course of disease, with bilateral involvement later in the course. Unilateral or bilateral Inguinal lymphadenopathy is usually non painful, non-suppurative begin 1-2 weeks after chancre.²

In Secondary syphilis, constitutional symptom may precede 1st sign of generalization. Patient may present with low grade fever, headache, myalgia. The skin manifestations of secondary syphilis occur in 80% or more of patients with secondary syphilis.³ The early eruptions are symmetric, more or less generalized, superficial, nondestructive, exanthematous, transient, and macular; later they are maculopapular or papular eruptions, papulosquamous, which are usually polymorphous, and less often, scaly, pustular, or pigmented. The rashes are coppery red. The early manifestations tend to be distributed over the face, shoulders, flanks, palms and soles, and anal or genital regions. The severity varies widely. The presence of lesions on the palms and soles is strongly suggestive.³

Our patient presented to us with bilateral symmetric eruption of coppery red colored macules, maculopapules, plaques over face, trunk, extremities, palms & soles which are asymptomatic. Pityriasis rosea may be mistaken for secondary syphilis, especially because both begin on the trunk. The herald patch, the oval patches with a fine scale at the edge, patterned in the lines of skin cleavage, the absence of lymphadenopathy, and infrequent mucous membrane lesions help to distinguish pityriasis rosea from secondary syphilis. Drug eruptions may produce a similar picture to secondary syphilis but tend to be morbilliform and also pruritic, whereas secondary syphilis is not. Drug eruptions in pityriasis rosea are often pruritic, whereas those in secondary syphilis usually are not.³ In Psoriasis auspitz sign and koebner phenomenon is present which is absent in Secondary

Syphilis. Patient had generalized lymphadenopathy. Patient had no constitutional symptom. Our patient's routine investigation were normal but in serological test both treponemal & non treponemal tests were reactive with high titre. We gave the patient Inj. Benzathine Penicillin and after 2 weeks' patient came without any lesion.

Diagnosis of Syphilis

The diagnosis of syphilis involves non treponemal test such as RPR OR VDRL (Venereal Disease Research Laboratory) screen for disease followed by a treponemal antibody test.⁵ Examples of treponemal serologic tests include the T. pallidum particle agglutination (TPPA) test, the microhemagglutination assay for T. pallidum (MHA-TP), the fluorescent treponemal antibody absorption assay (FTA-ABS), the T. pallidum haemagglutination test (TPHA), and treponemal enzyme immunoassays (EIAs) and immune-chemiluminescence assays.²

Treatment

Penicillin remains the drug of choice for treatment of all stages of syphilis. Erythromycin is not recommended for treatment of any stage or form of syphilis. HIV testing is recommended in all patients with syphilis. Patients with primary, secondary, or early latent syphilis known to be of less than 1 year in duration can be treated with a single intramuscular injection of 2.4 million units (mega units, MU) of benzathine penicillin G.³ Patient with primary and secondary syphilis undergo serological and clinical evaluation at 6 and 12 months to be assessed for treatment failure or reinfection. Sexual contact of patients with syphilis deserve evaluation.⁵

Conclusion

Due to recrudescence of syphilis in last decades we have to aware and concerned when evaluating asymptomatic skin lesions.

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